YES/NO/MAYBE CHECKLIST			
ILS/NO/MAIDL CHECKLIST	YES	NO	MAYBE
 Affectionate cuddling that doesn't lead to sex 	0	0	0
 Affectionate kissing that doesn't lead to sex 	0	0	0
Giving/receiving non-sexual touch/massage	0	0	0
Giving/receiving sexual touch/massage	0	0	0
 Receiving sexual touch without being asked first 	0	0	0
Giving sexual touch without asking first	0	0	0
Having my shirt off with partner	0	0	0
Having my partner's shirt off	0	0	0
 Being fully naked with the lights off, low, or under the covers 	0	0	0
Being fully naked with lights on	0	0	0
My partner being fully naked with the lights on	0	0	0
Taking a shower together or bath together	0	0	0
Hanging out in bed touching and talking	0	0	0
Being touched on my belly	0	0	0
Touching my partner's belly	0	0	0
 Being touched on my breast affected (for breast cancer survivor) 	0	0	0
 Being touched on unaffected breast (for breast cancer survivor) 	0	0	0
 Touching my partner's affected breast (for breast cancer survivor) 	0	0	0
 Touching my partner's unaffected breast (for breast cancer survivor) 	0	0	0
Mouth on breasts	0	0	0
Sexual touch on my butt	0	0	0
Sexually touching my partner's butt	0	0	0
Sexual touch on my genitals	0	0	0

		YES	NO	MAYBE
-	Sexually touching my partner's genitals	0	0	0
٠	Sexual touch on my anus	0	0	0
٠	Sexually touching my partner's anus	0	0	0
-	Stimulating my own genitals during sex	0	0	0
٠	Partner stimulating their genitals during sex	0	0	0
٠	Me putting lubricant on self or partner	0	0	0
٠	Partner putting lubricant on self or me	0	0	0
٠	Giving mouth-to-genital stimulation	0	0	0
٠	Receiving mouth-to-genital stimulation	0	0	0
٠	Giving mouth-to-anus stimulation	0	0	0
-	Receiving mouth-to-anus stimulation	0	0	0
-	Stimulating my partner with a vibrator or dildo	0	0	0
٠	Stimulating myself with a vibrator or dildo	0	0	0
٠	Vaginal penetration with fingers or toy	0	0	0
٠	Vaginal penetration with penis	0	0	0
٠	Using a strap-on with partner	0	0	0
٠	Partner using a strap-on with me	0	0	0
٠	Okay with no vaginal penetration	0	0	0
٠	Giving anal penetration (penis, fingers, toys, strap-on)	0	0	0
•	Receiving anal penetration (penis, fingers, toys, strap-on)	0	0	0
٠	Masturbating to orgasm in front of partner	0	0	0
٠	Partner masturbating in front of me	0	0	0
٠	Doing dirty talk before or during sex	0	0	0
٠	Partner talking dirty before or during sex	0	0	0
٠	Partner giving more instruction during sex	0	0	0

	YES	NO	MAYBE
Me giving more instruction during sex	0	0	0
Okay if partner does not orgasm	0	0	0
Okay if I do not orgasm	0	0	0
Okay if erection is not maintained	0	0	0
Sending sexy texts	0	0	0
Receiving sexy texts	0	0	0
Reading erotica alone	0	0	0
Reading erotica together	0	0	0
Watching porn alone	0	0	0
Watching porn together	0	0	0
Partner watching porn alone	0	0	0
Being blind-folded	0	0	0
Blind-folding my partner	0	0	0
Using restraints on my partner's legs	0	0	0
Having restraints put on my legs	0	0	0
Using restraints on my partner's arms	0	0	0
Having restraints put on my arms	0	0	0
Exploring other restraints	0	0	0
Doing role plays	0	0	0
Slapping/spanking/pinching/hairpulling	0	0	0
■ Food play	0	0	0
 Reading a book on sex together or alone 	0	0	0
 Doing a Yes/No/Maybe questionnaire that explores more activities 	0	0	0
Seeing a sex therapist together	0	0	0